



Ethical Considerations and Data Privacy Challenges in AI-Powered Healthcare Solutions for Cancer and Cardiovascular Diseases

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ABSTRACT

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Integrating artificial intelligence (AI) at the speed at which it is being done today has advantages along with potential issues in its application to health care – notably in diagnosing and treating cancer and heart disease. The development of AI health systems, such as the Clinical Decision Support Systems (CDSS), is transforming the efficiency of care delivery by increasing individual patient treatment options. Nevertheless, these advancements raise ethical challenges and data protection problems that should be solved to use the technology. This article discusses the ethical aspects of AI in medicine, including algorithmic bias, transparency of decision-making processes, and patient independence, while bringing to light the difficulties protecting sensitive health information. The paper highlights the possible methods that can be applied by healthcare organizations to pension and manage the risks through governance, practice transparency and compliance with privacy legislation. It also highlights the ethical principles and laws that should be adhered to by healthcare organizations in the deployment of AI technologies.

INTRODUCTION

AI is making headway in various industries and medicine is no different. AI application in healthcare is massive, especially in oncology (cancer treatment) and cardiology (diseases of the heart and blood vessels). AI-powered systems with sophisticated machine learning algorithms are capable of scanning



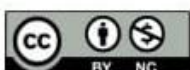


enormous sets of intricate data like medical images, EHRs, and EHRs to support healthcare professionals in recognizing illness, forecasting its progression, and developing treatment protocols tailored to individual patients [1]. The integration of AI into these critical medical fields promises to remarkably increase patient outcomes by providing timely, personalized, and accurate care that is not possible through conventional means. Nonetheless, the challenges which include ethical difficulties and data privacy must be solved to guarantee that AI benefits all in a responsible manner. AI is currently being utilized by doctors to speed up their ability to detect cancer in earlier stages of various body parts [2]. Computer programs can locate hidden medical patterns more easily than doctors can, letting doctors identify health issues before they reach serious stages.

AI programs in cardiology examine heart images, keep track of patients' health metrics, and show when they need to watch out for heart damage or blood vessel problems [3]. These advancements make healthcare workers act more precisely, find those needing attention more easily, and manage their resources effectively. As artificial intelligence grows smarter, it will make better patient care possible and help health workers find smarter ways to manage data-based decisions. Hospitals have to resolve many important ethical issues before they can widely apply artificial intelligence to healthcare services. The biggest issue lies in how computer programs can misunderstand data when they read it [4]. When AI absorbs patient data, any unequal sharing between different groups can cause the computer system to clearly favor one kind of patient above another. When an AI model reads data mostly from one person type, it determines patterns better for them but fails with different racial, economic, and ethnic groups [5].

Assuming everyone gets equal healthcare from technology raises big ethical problems because both get unequal treatment. AI tends to make decisions that people struggle to follow because it hides how it arrives at those decisions. When people can't make sense of how an AI system decides, patients and doctors lose trust in what they suggest, making it harder for them to choose between their options when they lack an explanation of the AI's reasoning. People need to understand and believe that AI helps keep healthcare right and avoids wrong decisions [6]. If we solely rely on AI technology, doctors may turn away from applying their individual judgment in treating patients. Doctors must understand that AI technology can't replace their experienced judgment. Instead, they should use its guidance while keeping their medical knowledge at the forefront, since patients need correct medical treatment. AI needs doctors to show it how to involve them in creating personalized patient care plans that meet their individual circumstances and desires.

We must find new ways to let people and machines collaborate ethically while keeping doctors' roles





central. People have trust issues because of how healthcare firms handle and use our personal health information through AI tools. AI works best when it's fed a lot of personal medical data about its patients [7]. Comprehensive medical facilities store and safeguard all our medical information, from health conditions and test results to any hidden family health issues. Protecting patient health records from getting into the wrong hands will help AI systems earn patients' trust. The HIPAA law in America and GDPR in Europe protect patient privacy while offering them control over who gets access to their health records. As healthcare providers add more AI, they must always tune up their security and privacy systems to protect against modern threats like data theft and cyberattacks [8]. Healthcare businesses must take excellent care of their data, get patient permission to use it, and follow all legal requirements, to protect patients' and their information from potential threats.

Healthcare can gain great patient services from AI, but we need to steer clear of ethical problems and take strong measures to keep patient data safe [9]. We must build AI that is: treated fairly, simple for people to understand, provides proper evidence to back up results, puts patients in control of choices, and helps them trust these AI programs. Healthcare companies must create firm privacy rules to safeguard patient information and follow legal guidelines governing patient privacy. For healthcare to use AI safely while keeping patients both protected and important, we must make sure our ethical standards and data privacy work together effectively.

ETHICAL CONSIDERATIONS IN AI-POWERED HEALTHCARE

Algorithmic Bias and Fairness: Due to the data used to train AI systems, AI systems tend to be biased and unfair outcomes are often a byproduct. Algorithmic bias deserves particular attention in the realm of health care and cancer and cardiovascular disease diagnosis and treatment as the ethical ramifications can be severe. The most common problem arising out of this is a certain group of people being more represented or included in data, like AI systems trained out of one demographic group, therefore having an AI system with a lack of diverse data will greatly affect the efficacy of AI for other demographic groups and subsequently treatment plans [11].

This phenomenon can be evidenced in the AI system for cancer treatment focused on Caucasian datasets. In reality, the same systems have overestimated each cancer incidence among African American and Hispanic patients tremendously. This can facilitate a gap in health care inequality outcomes. AI systems need to learn from different kinds of data that show a wide range of people they are designed to help. Checking algorithms is very important so we can find and fix any unfairness built into them. Repeated testing with many different kinds of patient information can help keep AI tools fair and give everyone equal medical care. Healthcare employers must put in place multiple





checks to watch how AI tools treat patients and step in when harmful bias shows up.

Example of Biased AI Outcomes in Cancer Treatment and Cardiovascular Diagnosis: In healthcare AI systems, limited or imbalanced data causes the technology to provide less trustworthy predictions when used on minority patients. Models built from most Caucasian health data don't always recognize or understand how symptoms show up in different ethnic groups, causing doctors to delay or get wrong diagnoses. Like cancer treatment, AI for heart problems gives incorrect information about disease risks in populations that weren't included in its training phase [12].

STEPS TO MITIGATE ALGORITHMIC BIAS THROUGH DIVERSE DATA SETS AND ALGORITHM AUDITING

AI programs must learn from many different kinds of data that match the people they're made to help. We need to check our algorithms often to find and fix any unfairness built into their design. Checking AI systems with various patient data helps make sure all patients get fair and equal care, no matter what race, gender, or social class they are from.

Transparency and Accountability: The main issue with AI systems in healthcare is they make decisions without people being able to see how those decisions were made. Deep learning algorithms are called "black boxes" because doctors and researchers have trouble understanding how they reach their decisions. The problem is biggest in healthcare when systems make choices that affect how patients feel and recover [13].

Explanation of "Explainable AI" (XAI) and Its Role in Healthcare: XAI is a term that developed to handle this problem. XAI stands for AI systems that let us see how they work and why they give certain answers in terms people can understand. In healthcare, explainable AI helps both healthcare professionals and patients learn why recommendations are made, so doctors follow medical rules and treat patients acceptably [14].

Ethical Implications of Non-Transparent AI Decision-Making: When AI systems don't show how they make their choices, people will have less trust in AI suggestions and may face tough choices when they don't know why an AI diagnosis or treatment plan was made. When AI leaves its reasoning hidden, patients and healthcare providers both will likely doubt its actions, and providers will not feel comfortable using AI if they can't see how it arrives at its answers [15].

Patient Autonomy and Consent: Doctors believe patients need to make their own decisions on health care after learning what treatments are available and their possible outcomes. Modern healthcare is using AI tools, and this makes it harder to get people's clear agreement before medical treatment [16].

Challenges in Communicating AI Processes to Patients: The biggest challenge in healthcare using





AI is making sure patients know what happens during their treatments. Because not all patients know how AI functions, they can't easily make smart choices about their healthcare. Healthcare teams must create easy-to-understand methods to explain AI tools to patients, so they know what they are allowing.

Ethical Considerations in Ensuring Patient Autonomy in AI Decision-Making: Patients need to stay in control of their medical decisions, and healthcare must give them choices during their treatment planning. For patients to keep control over their care choices, they need full knowledge of how AI features in their treatment. When patients don't want to use AI healthcare tools, doctors must give them ways to refuse.

DATA PRIVACY CHALLENGES IN AI-DRIVEN HEALTHCARE

Patients: Strong social practices directly strengthen patient trust and loyalty. Organizations emphasizing ethical care, transparency, and health equity attract patients who appreciate empathetic and inclusive care. For instance, Kaiser Permanente's culturally appropriate health programs have enhanced its credibility among diverse communities [17].

Communities: By addressing public health issues and assisting underprivileged areas, healthcare organizations build goodwill and strengthen bonds with communities. Free vaccination drives, health education workshops, and collaborations with local NGOs are social responsibility initiatives that enhance community health.

Investors: Socially responsible practices increase a company's brand value and reduce reputational risk, making it more appealing to socially responsible investors. Healthcare companies aligned with ESG tend to outperform their peers based on their long-term sustainability and resilience.

Regulators and Governments: Governments and regulatory agencies are increasingly focusing on health equity and workforce protection. Healthcare organizations can proactively tackle social issues and align with requirements, avoiding penalties and collaborating with public agencies.

Overview of HIPAA, GDPR, and Similar Regulations: HIPAA and GDPR are the top two laws that control how healthcare organizations must protect patient personal data from misuse. HIPAA rules apply to all health-based organizations in the U.S. and mandates how they securely guard patient medical records. GDPR covers the EU and controls how companies protect information about EU residents' personal details. These laws share the same goal of keeping patient data safe and making sure AI systems keep to strict data protection guidelines [18].

Challenges in Compliance and Enforcement of Data Protection Laws: Despite all the rules being in place, organizations struggle to follow them. Healthcare companies have to make sure their AI programs work within privacy rules, but new AI solutions often show up before legal rules catch up.





It's hard to enforce privacy rules because healthcare companies face many issues: they deal with large, worldwide organizations and many different ways AI software is used.

Data Security and Risk of Breaches: AI systems require access to vast amounts of data, often including electronic health records (EHRs), medical devices, and wearables. The risks associated with storing and transmitting sensitive health data include data breaches, unauthorized access, and cyber-attacks [19].

CASE STUDIES OF HEALTHCARE DATA BREACHES

Healthcare companies need to follow leading protection methods to stop data theft, combining secure data security with strong network safety. Making two key steps secure allows us to protect our data: we must encrypt both files while they are being transferred and when they are stored. We need to make sure everyone who needs access can get it, plus check our systems often for weaknesses. Working together with security pros will stop data breaches from happening, and make sure AI tools operate safely with what healthcare providers currently have [20].

Patient Data Ownership and Control: One big problem with AI in healthcare is figuring out who gets to own and keep patient information. People with medical conditions should be able to access and manage their health records, but figuring out who owns data used by AI systems as they become smarter is becoming harder.

Patient Rights to Data Ownership and Control: People with healthcare should be able to view, change, and supervise their health information. Issues appear when healthcare groups or companies who collect data demand to own it while researchers use the same data for artificial intelligence practice. For patients to trust healthcare providers, they must know and agree to their data being handled correctly [21].

Ethical Dilemmas in Data-Sharing for Research and AI Training: Using patient data for both research and AI learning creates troubles because patients need to agree to share their data and keep their privacy safe. Using patient information properly helps train better AI systems, but we need clear rules and protected privacy laws for patients to agree before data can be shared. Problems come up when patients don't know exactly what their data will be used for or when their info is shared without them saying "yes".

Addressing Ethical and Data Privacy Challenges: Creating and following ethical rules helps developers create AI models that accurately reflect reality, reveal how they work, and keep users responsible. AI engineers should use ethical references at every step they take when making AI systems.





ROLE OF INTERDISCIPLINARY TEAMS IN AI HEALTHCARE DEVELOPMENT

Teams of different experts must work together to make sure AI models match up with fair use standards. A successful AI project needs to add ethicists, healthcare professionals, data experts, and lawyers, who work together to keep ethical thinking built into the whole process of building AI models [22].

Patient Consent Protocols and Data Anonymization Techniques: Healthcare companies must create clear processes for getting patients to agree, so they understand exactly how their data is handled and used. Keeping patient data anonymous helps safeguard privacy while also letting AI models and research happen.

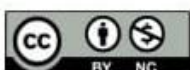
Importance of Regular Data Audits and Compliance Checks: Standard inspections and following data privacy rules help show that healthcare groups keep personal patient data safe. Compliance checks and records reviews uncover weaknesses in our systems and show that patient information stays safe.

SUMMARY OF KEY ETHICAL AND DATA PRIVACY CHALLENGES

Using AI in cancer and heart disease care gives us real chances to make patients healthier. Meanwhile, we need to deal with three key ethical issues - treating AI tools fairly, being open about how they work, and looking after medical decision rights in patients. Cancer and cardiovascular care teams should also address three main data privacy needs: following regulation rules, keeping patient healthcare safe from cyber threats, and respecting patients' rights to own their medical information [23].

Future Directions for AI in Healthcare: Healthcare organizations always need to watch out and solve problems when AI technology expands. Keeping up with AI research, making better technology, and creating better rules are the main ways to solve both the ethical and data privacy issues we face in healthcare. All patients must get top-quality healthcare results while keeping their basic rights and humanity safe. Everyone involved must work together to reach this goal.

Addressing Ethical and Data Privacy Challenges: We need to build AI healthcare models by using ethical standards that make sure everything is fair, easy to understand, and reliable. These frameworks show developers, data scientists, and medical staff what they must do to make sure AI systems match good moral standards and follow the law. Growing ethics in AI means we must make sure AI systems do not add to or make society's biased ways even worse. Companies who work with AI must create plans that define what each team member must do [5]. This includes rules about how they treat and handle data, build models, and decide what to do next. They need to show patients how medical AI protection works and highlight how care teams create products that guard personal values, treat





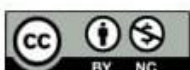
everyone fairly, and show understanding of different groups. The main things ethical AI guidelines cover, making sure no one group is treated unfairly, protecting patient privacy, and ensuring AI helps healthcare workers, not replaces them when making medical choices.

Designing Bias-Free AI Models: Creating AI models that operate fairly is the biggest problem AI developer's face right now. AI systems create biased results when they learn using data that reflects current unfair treatment in society, either from a limited number of individuals or existing disadvantage between groups. Health care systems fail to treat people fairly and provide them with equal opportunities when they learn from unbalanced data that includes more information about certain groups than others. AI developers have to create models in two steps: fix biases in the training data before building models and remove bias from the algorithms when they're created [8]. To stop AI from making unfair choices, developers must first use good data with different kinds of people, then find and remove biased learnings during development, and next check if AI systems work the same for everyone. AI makers need built-in systems to monitor how their machine works in everyday use, and they should fix any new bias issues right away.

Enhancing AI Transparency and Accountability: Making AI in healthcare open for anyone to see helps us prevent its misuse. Clinicians and patients struggle to see how decisions come from AI models, especially their deep learning parts, because they work in mysterious ways. People won't trust AI when they can't see how it works, making them unsure if the tool is doing its job correctly. When AI makes medical errors, this problem becomes even more serious [6]. AI developers need to create models that can easily show people how they make decisions. XAI leads us to make AI systems that can show us how they work in simple human terms. XAI shows how an AI system found its diagnosis and treatment suggestion, giving doctors and health workers clear information to decide intelligently. AI needs built-in tools to provide clear, traceable reporting on what led to the results. This reporting should tell users who created, provided care with, and built the AI software.

THE ROLE OF ETHICAL REVIEW BOARDS IN AI DEVELOPMENT

Healthcare AI models must pass through ethical review boards to make sure they meet required ethical and medical standards. To make sure AI used in healthcare meets ethical standards, review boards bring together experts from different fields like medical ethics, patient care, data science, and law. When doctors and health companies want to put an artificial intelligence system into clinical use, this board team checks if it follows clear rules, treats everyone fairly, and keeps its actions open and honest [8]. What ethical review boards do for us is look over AI systems to prevent them from breaking patient rights, to make sure everyone gets equal treatment, and to make sure their use matches what people in society believe. During this review, boards must check three things:





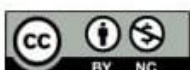
protecting patient privacy, making sure AI reports reasons for its choices, and preventing healthcare unfairness from getting worse. After AI systems start operating, it becomes essential to monitor how they work and update assessments based on what we observe.

Strengthening Patient Consent Protocols: In modern healthcare that uses AI, getting patients to agree to data use is more vital than before. Healthcare providers must get patients' clear agreement to let them use their health data (medical stories, test results, images, and family base information) before the AI tools work. To get valid patient consent, physicians need to explain both what the AI system does and why, show patients potential risks, and explain exactly how their health data gets used, saved, and passed around. Individuals receiving treatment must know that they may request to stop their consent agreement whenever they want [10]. Our protocols for collecting consent must work well for many types of patients, recognizing their languages, reading abilities, and life experiences. When AI technology changes, consent forms should always be updated to cover the new ways data will be used. People receiving healthcare should also know about every new way AI uses their data.

Implementing Data Anonymization and De-Identification: To lower privacy risks when sharing patient data for AI work, we remove patient details through both anonymization and de-identification processes. Concealing patient identifiers in healthcare data protects privacy, but also lets organizations create and improve AI technology. Removing names and other IDs from data helps keep people private - even if hackers gain access to the data. The researchers can develop better AI models without hurting privacy by upgrading private data into AI education [13]. Healthcare organizations must follow proven ways to hide and hide patients' information properly, by using strong data encryption and making sure their information cannot be traced back through sharing with other data. When anonymizing patient data, we need to do regular checks to make sure that procedures for keeping people's privacy intact are being used correctly.

CONCLUSION

AI can make major health improvements in cancer and heart disease care by making better diagnoses for patients and giving them better results. The problem lies in how AI tools discriminate unfairly, how patients can see what the machines know, and how patients maintain control over their care decisions. Keeping our patients' personal information private and being ready to follow both HIPAA and GDPR rules are important steps for building and keeping patient trust. Healthcare companies building AI systems need to have their algorithms check fairness, show what they do, and run safely, while protecting their information well. Teams need to work across departments and keep watching to make sure ethical rules stay strong. Integrating AI, the right way into healthcare needs us to fix





issues with privacy protection and equal treatment for patients. This helps patients trust their care and keeps AI operating smoothly over the long run.

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